



CarClub



The Monthly Planet

Central Ohio Saturn CarClub — Chapter 4

Issue #146 — May 2009

Just Around The Corner!

Old Fashioned Ice Cream Festival in Utica May 23rd, 10:00 a.m.

The Old Fashioned Ice Cream Festival at Velvet Ice Cream in Utica received the most votes and is our event for May. It is being held Saturday, May 23rd, which is Memorial Day Weekend. There will be music, arts and crafts, family-friendly entertainment and of course lots of ice cream to enjoy.

We will meet at the Krogers in Sunbury at 270 at 10:00 a.m. on the 23rd. We can car pool or you can drive separately.

We hope you will join us. I'm sure it will be warm and sunny!

June 11th – Regular Meeting and Picnic

June 11th is our monthly meeting being held at Saturn SouthEast. The CarClub will be having a picnic in the picnic area outside Saturn. This will be a family picnic so bring the family and come and enjoy.

We would like for those coming to bring a dish to share. Those with the last name beginning with letters A - H bring a Salad, I - P Chips, relishes, condiments, Q - Z Deserts. Please bring your own table service. Meat and buns will be provided but we would like to request a \$1.00/person to cover the meat.

JUNE EVENT – Cast Your Vote!

The selections on the ballot for June are as follows:

1. Lost Egypt – Ancient Secrets, Modern Science Exhibit at COSI which is \$12.50 for Adults, \$10.50 for 60+ and \$7.50 for children 2-12 years of age. Visit www.cosi.org for more information.

2. Tecumseh, Outdoor drama in Chillicothe, not recommended for younger children, \$20.65 for adults and \$14.35 for children 10 and under. Visit www.tecumseh-drama.com for more information.

3. Hike and picnic at Highbanks Metro Park
4. Dinner meeting

Please call the hotline with you choice of an event for June or come to the May meeting and make your selection on the ballot provided. A date will be selected when the event is chosen.

We have had a number of requests to go to a Clippers game in July or August. We are working on getting a date set for this event. More information will follow in next newsletter.

Bingo's Back!

Please see the article on the rebirth of our monthly Bingo at Villa Angela. Our thanks to Barbara Altenburg for coordinating this valuable, and fun, service activity! Note that she will be contacting those who've helped with Bingo in the past, with the goal of getting up and running in May. If you have questions, or would like to help and have not yet been contacted, please see her article for her contact information, or call the Hotline.

If you have other ideas on events that you would like the club to do, please call the hotline or Becky and we will add it to the ballot to be voted on for the coming months.

We look forward to seeing you at a meeting or event soon.

Becky Harrass
Events Chair

Charity Updates

As most of you know, our charity partner for the second quarter is the Arthritis Foundation. Randie Morgan will be at our May meeting at Saturn North to talk more about the Foundation and its work in the community. Here, though, is an overview of the services they provide:

Self-help Courses

These six or seven class courses are designed to help those with arthritis, fibromyalgia manage on a daily basis. They provide information on relaxation, exercise and joint protection.

Support Groups

The Central Ohio Chapter sponsors ongoing groups that help people living with arthritis. The groups offer the chance for friendship, emotional support and education.

Special Assistance

The special assistance program may pay for arthritis-related medicine, equipment, and/or transportation to arthritis-related physician appointments.

Free Equipment Loan

The Arthritis Foundation has rehabilitative equipment such as walkers, wheelchairs and canes that may be loaned to clients.

Public Education

Speakers present information on a variety of topics including, but not limited to, information on medication, stress and pain management.

Free Home Assessment

An occupational therapist makes home visits to assess how well a person with arthritis is functioning in daily activities. Visit includes an introduction to devices and home adaptations that can simplify daily tasks.

Free Camp for Children with Arthritis

The Chapter, in cooperation with Children's Hospital Arthritis Center, sponsors a weekend camp for children ages 8 – 16 each summer.

Professional Education

Professional education seminars are designed to educate medical professionals about the latest treatment options and research in arthritis care. Courses are approved for continuing education credits.

Exercise

Water and land-based exercise programs specifically for people with arthritis. Stretching exercises are emphasized. Classes are held in communities throughout central and southeastern Ohio

Lending Library

Brochures, magazines, newsletters and videos with arthritis information are available free of charge.

For more information, call (614) 876-8200 or toll-free (888) 382-4673. You can also check out Arthritis Foundation offerings at www.arthritis.org.

The Foundation will be holding it's annual Classic Auto Show and Cruise-In in Dublin on July 10th – 11th. More information can be found at www.arthritisautoshow.com. We know they are looking for folks to help judge. If you have some experience in judging, or are just knowledgeable about cars, they can use your help! Please contact the Foundation for more information.

CHAMPIONS

C Watch for a blast e-mail the first week in May with updates from Al Clapsaddle, our Champion, on the latest promotions from Saturn! Don't get this via e-mail? Come to the May meeting to hear all about it!

O
R Remember, if you do not currently have a sales consultant, Al would be delighted to work with you, and he can come to any of the three central Ohio retailers. If you don not have a Consultant, and are interested in a new or new-to-you (also called "pre-owned") Saturn, please feel free to call Al at Saturn West – 614-771-9700.

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Bingo's Back!!

The Best Two Hours in the Month!

We are soliciting people to help with bingo on the third Thursday of each month from 7:00 p.m. to 9:00 p.m.

Peggy and John Williams started bingo as a community outreach as part of our club activities years ago. It is the highlight of the activities for the nursing home each month. The work entails bringing a big smile and helping some people with their bingo cards, calling the numbers, or being the bearer of a tray of wonderful gifts for the residents to select their prize from. The CarClub contributes money each month to ensure we have an excellent supply of gifts. Of course, if you have anything in your drawers that you do not need, we would graciously accept it to add to our stash!

Everyone can volunteer from the youngest amongst us to the most mature and this is a wonderful family activity. The residents love to see children. The nursing home is near Rt. 161 and Karl Road so it is centrally located.

Villa Angela Care Center
5700 Karl Rd
Columbus, OH 43229
(614) 846-5420

I will organize the bingo and need five to six people each time. I am looking for a list of at least 10 people that are interested so we can cover for each other for vacations, holidays, etc. I will call and remind you about the bingo night a few days in advance so you will not forget.

You can contact me at 614 638 0442 or email me at caltenburg@aol.com. Please contact me ASAP because we would like to commit to resuming bingo in May!

Barbara Altenburg
Bingo Evangelista

The VUE from the Top!

Thanks to all the members who came to the April Adopt-A-Highway! We had a large turnout and I look forward to seeing even more members in June! Don't forget to vote on the next event either by email or phone to one of the officers. And remember that if you can get 6 new members by the end of September, YOU will get next months membership for FREE!

As of this writing we still do not have a candidate for Vice -President. It is important that we fill this position. PLEASE, if you are interested, contact an officer to fill this post.

There are several exciting things happening in the club in the coming months, so be sure to read this newsletter to learn more.

See you at the next meeting!

Steve Whitman

Adopt-An-Area 2009, Cleanup #1



The first Adopt-An-Area cleanup [fka Adopt-A-Highway] was completed on Saturday April 18th. It was a beautiful day – clear skies and temperatures climbing toward the mid 70's. Twelve CarClub members arrived in their Saturn's and prepared for the cleanup.



We have been cleaning the Livingston Avenue area for the past year and were excited to see that the City of Columbus put up the sign to acknowledge our efforts.



Ten of our twelve volunteers suited up and ready to get started.

With a great crew, great weather, and a great effort, the cleanup was quickly accomplished and a great



lunch was enjoyed at the Rusty Bucket Restaurant on East Main Street in Bexley. Our thanks to Saturn of Columbus for providing lunch. Mark your calendars now for our next clean up dates - June 13th, August 8th and October 10th!

Are You a Saturn of Columbus Raving Fan??

If not, simply go to www.saturnofcolumbus.com, and click the link on their home page. Once you register, you will be directed to print out a page which you will take to your local Saturn retailer. Here's the good part – you will get a messenger bag filled with Saturn literature you can give to your family and friends to spread the word about Saturn. Plus, your referral reward goes from \$75 to \$150!

Throw in a few CarClub membership applications, and you're all set! Supplies of the bags are limited, so be sure to sign up soon!

Central Ohio Saturn CarClub Activities Calendar

Date	Meeting / Event	Location	Time
May 14 th	Regular Meeting	Saturn North	7:00 pm.
May 21 st	Bingo!	Villa Angela Care Center	7:00 p.m.
May 23 rd	Old Fashioned Ice Cream Festival Utica	Meet at Krogers – 161/Sunbury	10:00 a.m.
June 11 th	Regular Meeting/Picnic	Saturn SouthEast	7:00 p.m.
June 13 th	Adopt-An-Area	Livingston and Alum Creek	10:00 a.m.
June Event	Member Determined	Don't Forget to Vote!	TBD
July 9 th	Regular Meeting	TBD	6:30 p.m.
July 11 th – 12 th	Arthritis Foundation Cruise In	Dublin, OH	All Day
August 8 th	Adopt-An-Area	Livingston and Alum Creek	10:00 a.m.
August 15 th	Woodward Dream Cruise	Detroit, MI	All Day
August 22 nd	Cruise the 'Ville 2009	Whetstone Park, Clintonville	All Day
October 10th	Adopt-An-Area	Livingston and Alum Creek	10:00 a.m.

2009 CarClub Officers

President	Peggy Williams	centohiopresident@mail.saturnfans.com
Vice President	Available	centohiovp@mail.saturnfans.com
Secretary	Barb Nissley	centohiosecretary@mail.saturnfans.com
Treasurer	Jim Harrass	centohiotreasurer@mail.saturnfans.com
Membership	Lowell Lutman	centohiomembership@mail.saturnfans.com
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Champion	Al Clapsaddle	centohiochampion@mail.saturnfans.com
If you have ANY problem with the above E-mail addresses, please let us know. Call our Hotline at (614) 470-351.		

CarClub Websites

<http://www.centohiocarclub.com/>
<http://autos.groups.yahoo.com/group/centohiosaturncarclub>

CarClub Hotline

Need information about the Central Ohio Saturn CarClub meetings or activities?

**Call our hotline
(614) 470-3517**

An officer will call you back, usually within 24 hours. If you don't hear from anyone within that time, please call back and leave a second message. Occasionally a message is hard to understand or gets deleted unintentionally.



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